

Guide to a Quiet Time

1. PRAY.....

Spend a couple minutes asking God to reboot your mind and conscience as you read His Words to you. Thank God for another day of life and tell Him that you will live it for Him. Ask that He would give you wisdom, insight and understanding as you study.

2. READ.... the “Additional passages for study this week”

3. ASK.... these Four Questions (Don’t forget to *answer* them!)

a. What does this say?

b. Why is this included in the Bible?

c. What should I do about it?

How do I apply this? Is this a relationship thing, a thought issue, money issue, purity issue, reconciliation issue, work issue, etc.

d. How can I remember?

Is there something to memorize or write down on a note card, or ask someone to check with you about and hold you accountable?

4. PRAY.....

a. through the passage you were in

For instance if you were reading through Daniel, you could pray that God would give you the courage and conviction that Daniel had when facing opposition.

b. through your schedule

Example - people you are going to meet with, things that need to be accomplished, and the decisions that need to be made. If there are temptations in your schedule or celebrations just ask God to go before you that day.

c. for your relationships

Pray for family, friends, neighbors, co-workers, and acquaintances. You could also pray for missionaries, leaders in your church and country.

Heavenly Father, let the light of your Word shine down into the dark places of my heart. Let the promises of Your Word encourage my soul. Let the truth of Your Word reshape my attitudes, and let the wisdom of Your Word guide my decisions.



“Executive Coaching”

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Matthew 22:35-39

One of them, an expert in the law, tested him with this question: [36] "Teacher, which is the greatest commandment in the Law?" [37] Jesus replied: " 'Love the Lord your God with all your heart and with all your soul and with all your mind.' [38] This is the first and greatest commandment. [39] And the second is like it: 'Love your neighbor as yourself.'

John 15:8

This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

#1 Catalyst: _____ and _____ the _____ on a regular basis.

Psalm 119:97-105

Oh, how I love your law! I meditate on it all day long. [98] Your commands make me wiser than my enemies, for they are ever with me. [99] I have more insight than all my teachers, for I meditate on your statutes. [100] I have more understanding than the elders, for I obey your precepts. [101] I have kept my feet from every evil path so that I might obey your word. [102] I have not departed from your laws, for you yourself have taught me. [103] How sweet are your words to my taste, sweeter than honey to my mouth! [104] I gain understanding from your precepts; therefore I hate every wrong path. [105] Your word is a lamp to my feet and a light for my path.

1. _____ 2. _____ 3. _____

* Choose a _____

* Choose a _____

* _____ and _____

Questions to ask:

1. _____ does this _____?

2. _____ is this in _____ or included?

3. _____ should I _____ about it?

4. _____ can I _____?

Or another way is:

1. What do I see?

2. What does it mean?

3. How does it work?

Additional passages for study this week

Hebrews 4:11-16 • 2 Timothy 3:10-17 • Psalm 119:97-112
Ephesians 5:1-33 • Colossians 3:1-28